



Online Personal Development Courses

Which Personal Development course is right for you?

If you are confused about the levels of Personal Development courses or unsure which course is right for you, please call us on 01482 852292, email info@unityincommunity.org or send us a message via social media.

Leadership and Management Training

Duration: 6 hours

This course aims to help you adopt an effective leadership and management style, so you can get the most out of yourself and your team. It discusses a variety of techniques that you should use to motivate, coach, and support your team, as well as develop your own capabilities.

Minute Taking Training Course

Duration: 2 hours

This Minute Taking course aims to train those who work as a minute-taker to be successful in their role. It educates them in the importance of minute taking, what it entails, and good minute taking practices, while also familiarising them with how to best make notes during a meeting and with writing an official Minutes document.

Effective Leadership Training Course

Duration: 3-4 hours

This Effective Leadership training course is designed to enrich leadership competencies. It focuses on advancing leadership proficiencies such as strategic and operational decision-making and leveraging them for measurable, sustained impact in a range of business environments.

Communication Skills Training

Duration: 2-3 hours

This online Communication Skills training course has been designed by business professionals to help managers and supervisors improve their communication skills at work. Covering everything from appraisals, feedback, constructive criticism to coaching, motivating, and negotiation.

Project Management Training

Duration: 3-4 hours

Using tips, guidance and downloadable worksheets, this Project Management training course aims to provide learners with an understanding of the basics of project management so that they can successfully and confidently bring their own project through from initiation to completion.

Time Management Training Course

Duration: 3-4 hours

This Time Management course aims to educate those who are looking to improve their usage of time about the benefits of utilising good strategies, tools, and techniques for streamlining work activity.

Starting a Business Course

Duration: 4 hours

This Starting a Business course familiarises learners with the process required to start a successful business. It covers how to write a comprehensive business plan, how to set up the business in good standing with the law, and ways to access professional advice or funding.

Presentation Skills Training

Duration: 1-2 hours

This course aims to help learners develop good presentation skills. It guides learners through the various stages of a presentation, from writing to practising and presenting, in order to give learners the skills needed to present concisely and effectively.

Introduction to Neuro-Linguistic Programming Training

Duration: 3-4 hours

This online Introduction to NLP training course sets out some of the main ideas of NLP in an understandable, practical and useful way, using a range of NLP exercises throughout and providing skills to help improve your personal confidence and communication skills.

Social Media Marketing Training

Duration: 2-3 hours

The Social Media Marketing course has been designed to provide learners with an understanding of different social media platforms, how to use social media for marketing, the benefits of social media marketing, the importance of personal branding, and how to interact on social media.

Networking Skills

Duration: 1-2 hours

This Networking Skills course provides learners with the knowledge they need to be confident about networking, prepare well for a networking event, successfully start and hold a conversation and maintain a mutually beneficial network of contacts.

Creative Writing Skills

Duration: 5-6 hours

This Creative Writing course aims to invoke inspiration in the minds of anyone who loves writing. It provides numerous techniques, exercises, and activities which they can engage with to both prompt story ideas and to fine-tune their existing skills.



**For more information on our
Personal Development courses
please call us on 01482 852292,
email info@unityincommunity.org
or search for Unity in Community on social media.**



If you are currently unemployed or facing redundancy, applying our Flying Start programme is the next step to help you find the job you want.

To be eligible, you must be a resident of Hull living in HU1-HU9 postcode areas.