



# **Online Education Courses**

Which Education course is right for you?

If you are confused about the levels of Education courses or unsure which course is right for you,

please call us on 01482 852292, email <u>info@unityincommunity.org</u> or send us a message via social media.

## **Mental Health Training for Teachers**

Duration: 2 hours

This course raises your awareness of the challenges faced by those working in the education sector. It provides guidance to help you manage your own mental health, reduce work-related stress, and understand the importance of self-care.

#### **Safeguarding Children in Education**

Duration: 2-3 hours

This Safeguarding Children in Education course has been designed to help those who work in education understand their responsibilities for safeguarding students. The course outlines the general indicators of different types of abuse and explains how to respond to concerns and disclosure about abuse and neglect.

## **Advanced Safeguarding Children (Level 2 Safeguarding)**

Duration: 3 hours

This Advanced Safeguarding Children course aids those who work frequently with children and/or families to learn more about child protection procedures and responsibilities, including recognising and reporting abuse, the safeguarding structure and what happens after a referral to social care is made.

# **Designated Safeguarding Lead Training (Level 3 Safeguarding)**

**Duration: 3 hours** 

This Designated Safeguarding Person course helps those with a designated child protection role to learn more about their responsibilities in regards to promoting good safeguarding practices in the workplace, recognising and responding to abuse, working with other services and sharing information.

# **Paediatric First Aid Training**

Duration: 2-3 hours

This Paediatric First Aid course is designed by a qualified first aider and aims to teach basic first aid skills to those who work or live in a setting where children are present. The course gives learners the confidence to recognise emergency situations and treat common childhood injuries and conditions.

#### **Safer Recruitment in Education Training**

Duration: 2-3 hours

This Safer Recruitment in Education course aims to help people with responsibility for recruiting and/or supervising new staff members understand the safer recruitment process, including creating an applicant information pack, interviewing candidates and carrying out effective pre-appointment checks.

#### **Child Bereavement Training**

Duration: 2-3 hours

This Child Bereavement training course aims to help teachers and other education staff about how to support a child who is bereaved. It explains different models of bereavement, how bereaved children may act, and what you should do to support them as well as yourself.

#### **Level 2 Food Hygiene and Safety for Catering**

Duration: 2 hours

This Level 2 Food Hygiene and Safety for Catering course helps learners to understand the basics of food hygiene so that they can work safely, comply with the law, minimise contamination and ensure the food they handle is safe for consumers to eat.

#### **Level 2 Health and Safety in the Workplace**

Duration: 3-4 hours

This Level 2 Health and Safety in the Workplace course educates learners about the types of health and safety hazards they may face while at work. It teaches them what control measures their workplace should have in place and how they should adhere to them to keep risks low.

## **Manual Handling Training**

Duration: 1-2 hours

This Manual Handling Awareness course introduces learners to the risks associated with manual handling. It gives workers the necessary skills to identify and control manual handling hazards and conduct manual handling operations safely.

# **Fire Safety for Schools**

Duration: 2-3 hours

This Fire Safety for Schools course is designed to teach people who work in a school about how to minimise fire risks and follow evacuation procedures.

# **Fire Warden Training**

Duration: 2-3 hours

This Fire Warden Training course educates the learner about what their duties are as a fire warden. It teaches them how to carry out fire risk assessments and good fire safety practices, implement and maintain fire safety arrangements, and carry out evacuations effectively.

#### **Challenging Behaviour Training**

**Duration: 3 hours** 

This Challenging Behaviour course aims to help people who work with children to understand what causes difficult behaviour. The course explains how to react appropriately in challenging situations and help the child to improve their behaviour.

#### **Workplace First Aid Training**

Duration: 2-3 hours

This Workplace First Aid course is designed by a qualified first aider and aims to teach learners the basics of workplace first aid, giving them the confidence to recognise emergency situations and take appropriate action to treat common injuries and conditions.

# **Level 1 Food Hygiene and Safety**

Duration: 1-2 hours

This Level 1 Food Hygiene and Safety course teaches learners how to adopt basic food hygiene practices and work safely in an environment that handles food so they can prevent cross-contamination. This knowledge enables learners to help their business adhere to food safety law and ensure that food sold to consumers is safe to eat.

#### **Leadership and Management Training**

Duration: 6 hours

This management course provides employers and employees with the information they need to understand the attributes associated with good leadership skills. It explains the benefits of teamwork, positive listening and body language, meetings and time management skills.

# **Work At Height Training**

Duration: 1-2 hours

This Working at Height course introduces learners to the risks associated with working at height, giving workers the necessary skills to apply control measures and use equipment safely to ensure safe working at height.

#### **DSE Training (Display Screen Equipment)**

Duration: 2 hours

This Display Screen Equipment course has been designed to provide learners with an understanding of the different types of DSE, the potential health risks of using DSE, how to conduct a DSE assessment of their workstation, and the correct posture they should adopt.

# **Preventing Radicalisation and Extremism Training**

Duration: 1-2 hours

This course gives a clear and concise introduction to radicalisation and extremism in the UK, providing you with an overview of the Prevent duty, what it means for you and how to show compliance. Packed with case studies and real-world opinions, this course builds your confidence making it easy to apply the duty and support vulnerable people.

# **Ladder Safety Training**

Duration: 2 hours

This course aims to teach workers how to properly select, set up, and use leaning ladders and stepladders to ensure their and others' safety. It familiarises them with best practices and what the law requires of them regarding ladder safely.

# **Data Protection for Schools**

Duration: 2 hours

This Data Protection for Schools course aims to help members of school staff understand their responsibilities under data protection law, to ensure that personal information about students, parents and staff members is collated, processed and stored in a secure and legally compliant manner.

## **Child Mental Health Training**

Duration: 2-3 hours

This Child Mental Health Training teaches about the common mental health problems that some children may experience. It explains how to recognise them, what to do if you think a child is struggling, and ways of promoting good mental health and wellbeing.

#### **Autism Awareness**

Duration: 4 hours

This Autism Awareness course aims to help learners understand more about autism spectrum disorders so that they can recognise the signs amongst children and make suitable adaptations to help the child manage their condition.

# **Autism Awareness in Education**

Duration: 3 hours

This course teaches people who work in education settings how to support children with autism spectrum disorders. It explains the common behaviours and difficulties that children with autism face, how this affects their engagement with learning, and what you can do to accommodate them.

# **Equality and Diversity Training Course**

Duration: 2 hours

This Equality and Diversity training course provides an introduction to the Equality Act 2010, helping learners to understand more about their legal responsibilities, aiding people to feel confident about challenging discriminatory behaviour and raising awareness of how to promote equality and diversity in the workplace.

#### **GDPR**

Duration: 1 Hour

This GDPR Training course aims to help businesses and services that handle personal data understand how to comply with the General Data Protection Regulations. The course highlights the changes brought about by the GDPR that businesses must adhere to by May 2018.

## **Mental Health Awareness Training Course**

Duration: 3 hours

This Mental Health Awareness training course has been designed to help employers, managers and supervisors understand more about mental health, including the symptoms and effects, so that more can be done in the workplace to support someone with a mental health problem and promote a healthy, tolerant working environment.

#### **Dyslexia Awareness**

Duration: 3-4 hours

This Dyslexia Awareness course aims to educate anyone who is a parent, carer, educator, or tutor so they can identify dyslexia in children and support their learning and day-to-day life.

# **Child Sexual Exploitation Awareness**

Duration: 2 hours

This Child Sexual Exploitation Awareness course is designed to help practitioners understand the complexities of CSE issues and develop a knowledge of how young people become implicated, how it affects their lives and how best to respond to safeguarding concerns.

#### **Internet Safety for Schools**

Duration: 2-3 hours

This course gives learners the knowledge they need to teach internet safety to students and ensure all students remain a safe online presence. It also includes information on how to spot when children are at risk and how to handle any safeguarding concerns.

# **Human Trafficking and Modern Slavery**

Duration: 1-2 hours

This online training course is a clear and concise introduction to trafficking, exploitation, and modern slavery in the UK. Designed by specialists, this course teaches learners to spot trafficking, understand the perspectives of victims, organise support, and report trafficking through the NRM.

#### FGM, Forced Marriage & Honour-Based Violence Awareness

Duration: 1-2 hours

This online course has been designed to help front line workers take immediate action to help victims, recognise triggers and risks, and understand why these abuses happen.

## **Domestic Violence and Abuse Training**

**Duration: 3 hours** 

This domestic violence and abuse training course aims to raise awareness of the reasons behind, and impact of, domestic violence and abuse (DVA) on both the adult victim and the victim's children. Domestic violence and abuse is an issue that affects the lives of many children, putting them at risk of harm and depriving them of the feelings of stability, security and consistency of care that they need. This course gives anyone that works with children and families a detailed overview of the main issues behind DVA and explains how to deal with any concerns they may have.

#### Office Health & Safety Training

Duration: 2 hours

This online Office Health and Safety training course is designed for people who work in an office environment to help them understand more about the health and safety procedures that apply to them. The course outlines the main hazards, shows how they can be prevented and provides an overview of employees' legal responsibilities.

# Introduction to Safeguarding Children Training Course (Level 1 Safeguarding)

Duration: 2 hours

This Introduction to Safeguarding Children course provides a thorough overview of your child protection responsibilities to help you feel more confident in recognising the signs of child abuse, reporting your concerns and ensuring that the welfare of children remains at the central focus of your work activities.

#### **Nutrition for Children**

Duration: 2 hours

This online Nutrition for Children course has been designed by a qualified dietician to helps parents, carers and those who work in childcare understand what constitutes a nutritional and healthy diet for children. The course provides tips, recipes and ideas for providing children with healthy meals in order to aid their growth and development.

## **Safeguarding Children with Disabilities**

Duration: 2 hours

This Safeguarding Children with Disabilities course helps professionals to understand how children and young people with disabilities may be impacted by abuse, how to recognise the warning

## **Effective Leadership Training Course**

Duration: 3-4 hours

This Effective Leadership training course is designed to enrich leadership competencies. It focuses on advancing leadership proficiencies such as strategic and operational decision-making and leveraging them for measurable, sustained impact in a range of business environments.

# **Stress Awareness in the Workplace Training**

Duration: 2-3 hours

This online Stress Awareness in the Workplace training course is designed to show how the causes of home and workplace stress can be dealt with successfully, how you can better cope with stressful situations, how employers can adapt the workplace to improve employee welfare and how talking therapies can be used to control the levels of stress experienced. The course introduces a range of practical techniques that can be used to deal with stress and reduce it to a manageable level.

#### **ADHD Training**

Duration: 3 hours

This ADHD Awareness course has been designed to provide learners with an understanding of what ADHD is, what the potential causes are, and how to manage problem behaviours and support a child with ADHD at school, at home, and in social situations.

# **LGBTQ+ Awareness Training**

Duration: 1-2 hours

This LGBTQ+ Awareness course aims to raise awareness of the issues that LGBTQ+ people can face in the workplace, and helps you to recognise the changes that can be made to create a more equal, diverse and tolerant working environment. The course covers LGBTQ+ terminology, LGBTQ+ law, and how to challenge unlawful behaviours, such as discrimination and harassment.

#### **Diabetes Awareness**

Duration: 4-5 hours

This Diabetes Awareness training course has been designed to provide learners with all the knowledge they need to confidently support diabetics. They will gain an understanding of the different types of diabetes, the various forms of treatment, long-term and short-term risks, and diabetes' impact on day-to-day life.

# **Disability Awareness for Employers Training**

Duration: 2 hours

This Disability Awareness for Employers training course aims to help those at management level understand more about the different types of disabilities, how these may impact a person's work, how to ensure the recruitment process is accessible to everyone, and how to promote an inclusive and equal working environment.



# For more information on our Education courses please call us on 01482 852292, email <a href="mailto:info@unityincommunity.org">info@unityincommunity.org</a> or search for Unity in Community on social media.



If you are currently unemployed or facing redundancy, applying our Flying Start programme is the next step to help you find the job you want.

To be eligible, you must be a resident of Hull living in HU1-HU9 postcode areas.